



## "Cornelly Striders: December Unleashed"

### [DRAMATIC VOICE-OVER]

"In a world... where milestones matter... and jumpers get festive... one running club is about to make December legendary."

### SCENE 1: THE RUNNING EPIC

#### [SFX: WHOOSH + EPIC ORCHESTRAL MUSIC]

#### EXT. PARKRUN COURSE – MORNING

Slow-motion shots of Striders pounding the frosty path. Breath clouds in the air like steam engines.

### VOICE-OVER:

"They conquered 50s... they smashed 25s... and Sean? He went full 200 milestones."

### ON-SCREEN TEXT:

*"One man. Two hundred park runs. Legend"*

*Emma, Bec, Greg big 50 and Elizabeth 25*

### [SFX: BOOM – TITLE SLAM]

Sean crosses the finish line in slow motion. Confetti explodes. Someone faints from excitement, someone says "I thought he was banned!!"



Cornelly Striders

December Newsletter

With a twist



<https://cornellystriders.uk/>



## SCENE 2: THE JUMPER CHAOS

[SFX: COMEDIC 'PING!' + JINGLE BELLS]

INT. Water Front – DAY/Night

Emma spins dramatically in her darts jumper. A dart hits the bullseye on her chest. Crowd gasps." GOOD DARTS!!!"

Anthony swings an imaginary golf club like he's teeing off at Augusta. A mince pie flies past his head. Jo and Ceri rack up the balls and the fun began.

**VOICE-OVER:**

"When fashion meets festive chaos... anything can happen, with the Striders Christmas jumper day."

**ON-SCREEN TEXT:**

*"Warning: Contains questionable knitwear."*

[SFX: RECORD SCRATCH]

I fuss, I nudge, I tap, I slide,  
Perfection's key—my inner guide.  
Then lift the rack with gentle grace,  
And hope they hold their perfect place!





### SCENE 3: THE PARTY SHOWDOWN

[SFX: CROWD CHEER + DRUM ROLL]

#### INT. PARTY VENUE – NIGHT

Lights flash. Glitter falls like snow. Chris enters in slow motion, wearing a suit so sharp it could cut glass.

#### CHRIS (grinning):

"Welcome, Striders! If you're not wearing sequins, you're underdressed. And if you are... you're probably blinding someone!"

#### [SFX: COMEDIC 'TA-DA!']

The Striders clap the winners of the Oscars no expense spared.

Anthony walks past in his golf jumper. Chris smirks:  
"Nice jumper, mate. Is that golf chic or festive confusion?"

#### [SFX: CAMERA FLASHES + LAUGH TRACK]

Chris raises a glass:

"Remember, what happens at the Striders party... ends up on Facebook tomorrow."





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#### SCENE 4: THE CHAOS MONTAGE

[SFX: EXPLOSION OF CONFETTI + PARTY HORNS]

Quick cuts:

- Mince pies flying through the air like frisbees.
- Someone dancing with a Christmas tree.
- Emma playing darts on her own jumper.
- Anthony trying to putt a bauble into a pint glass.

#### VOICE-OVER:

"This December... milestones were smashed... jumpers were questionable... and Chris? He was slinky, funny, and dangerously professional."

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#### FINAL TITLE CARD:

*"Cornelly Striders: Powered by milestones. Fueled by mince pies."*

#### TAGLINE:

"Coming soon... to a parkrun near you."

[SFX: EPIC FINAL WHOOSH + CINEMATIC BOOM]

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#### FAKE MOVIE REVIEWS

★ "Funnier than a Christmas jumper with flashing lights!" – *The Festive Times*

★ "Sean's 200th parkrun deserves an Oscar." – *Run Weekly*

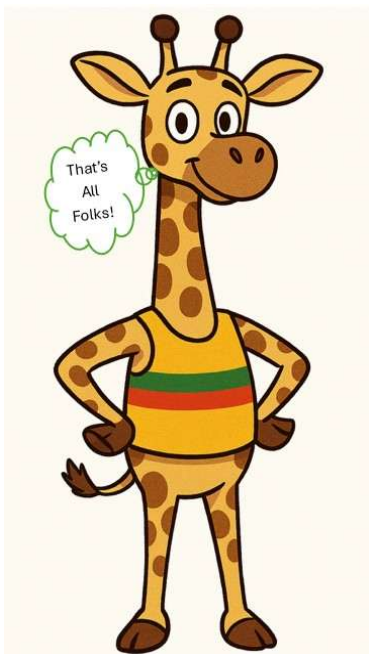
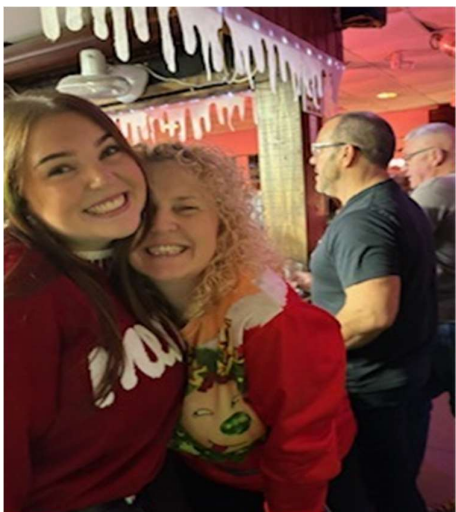
★ "Chris is the host we didn't know we needed... and now can't live without." – *Party Monthly*

★ "A heartwarming tale of PBs, mince pies, and questionable knitwear." – *Knitting World*

★ "The most dramatic club movie since... well, ever." – *Cinema Stride*

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## BLOOPER REEL (AFTER THE CREDITS)

### [SFX: COMEDIC MUSIC + LAUGH TRACK]

- Emma's darts jumper malfunctions—dart falls off mid-spin. She shouts: "Bullseye fail!"
- Anthony actually tries to tee off with a breadstick. It snaps. He says: "Fore... or maybe snack?"
- Chris forgets his line and says: "Welcome, Striders! If you're not wearing... um... socks? You're underdressed!" Crowd erupts in laughter.
- Someone knocks over the Christmas tree during a dance-off. Chris deadpans: "Well... that's one way to deck the halls."

### ON-SCREEN TEXT:

*"No Striders were harmed in the making of this trailer... except maybe the tree!!"*

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## FAKE AWARDS THE FILM WON

- 🏆 **Golden Mince Pie Award** – Best Festive Chaos
- 🏆 **Parkrun Palme d'Or** – Outstanding Achievement in Running Drama
- 🏆 **Knitted Oscar** – Best Costume Design (for Emma's darts jumper)
- 🏆 **Chris-tmas Star Award** – Best Host Performance in a Comedy
- 🏆 **PB Hall of Fame Trophy** – For Sean's 200th parkrun milestone
- 🏆 **Audience Choice Award** – "Most Laughs Per Minute"